

- Diabetes in GH disorders: impact on sexual function and fertility
Rosario Pivonello, Naples
- Patient perspective: challenges, expectations, and involvement in care decisions - **Sheila Khawaja**
- *Discussion:* **Francesca Allosso, Naples - Victor Hantelius, Gothenburg - Josefine Petersson, Gothenburg**

15.50-16.00 Closing session

Info

Presidents:
Emanuele Bobbio
Daniela Esposito

Scientific Committee:
Emanuele Bobbio
Daniela Esposito
Diego Ferone
Oskar Ragnarsson

Organizing secretariat:

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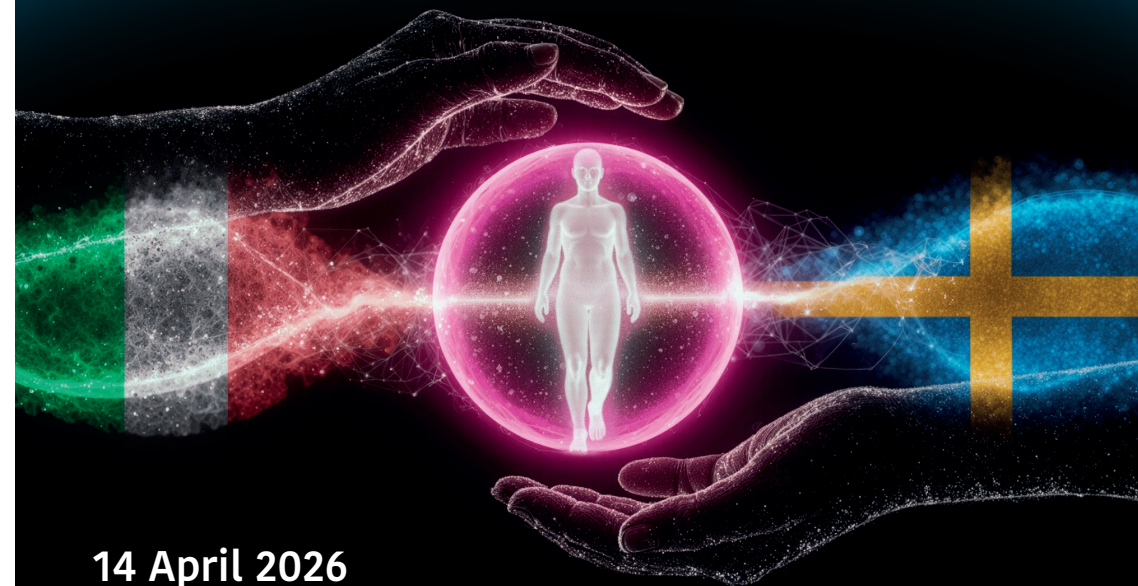


SINAPSE

Swedish-Italian Network
for Advanced Partnership
in Science and Education

First SINAPSE symposium

Diabetes Mellitus in GH excess and deficiency
Improving management and long-term outcomes



14 April 2026

Villa Rosa, Anacapri (Naples, Italy)

08.10-08.30 Registration

08.30-09.00 **Opening remarks**

Franco Cerrotta, Mayor of Anacapri

Paolo Falco, Mayor of Capri

Karin Höglund, Ambassador of Sweden to Italy

Michele Pala, Ambassador of Italy to Sweden

Diego Ferone, President of the Italian Society of Endocrinology

Lena Bokemark, Chief of the Department of Endocrinology,
Gothenburg

Kristina Kappelin, Honorary Consul of Sweden

Annamaria Colao, Vice President of the Italian Superior Health
Council

Emanuele Bobbio, Daniela Esposito, SINAPSE

09.00-09.20 **LECTURE:** Promoting international collaboration
in research - JIM and SINAPSE
Laura Fratiglioni, Stockholm

DIABETES MELLITUS AS A COMPLICATION OF GH DISORDERS STATE OF THE ART

Chairs: Emanuele Bobbio - Daniela Esposito - Diego Ferone

09.20-09.40 **LECTURE:** GH impact on glucose metabolism:
physiological mechanisms
Annamaria Colao, Naples

09.40-10.00 **LECTURE:** Diabetes mellitus in GH disorders
Diego Ferone, Genoa

10.00-10.20 **LECTURE:** National Registries in Rare Diseases:
Insights from the Swedish Pituitary Registry
Britt Edén Engström, Uppsala

10.20-10.35 **Coffee Break**

ONGOING STUDIES

Chairs: Annamaria Colao - Lena Bokemark

10.35-10.50 Nutrition in Acromegaly - Federico Gatto, Genoa

10.50-11.05 Long-term outcomes in acromegaly-associated
diabetes mellitus - Angelo Milioto, Gothenburg

11.05-11.15 Discussion

MANAGEMENT OF DIABETES MELLITUS SECONDARY TO GH DISORDERS

11.15-12.00 **Round Table - GH EXCESS**

Chairs: Daniela Esposito - Diego Ferone

- Treatment strategies for diabetes in acromegaly: efficacy and safety of novel diabetes therapies
Angelo Milioto, Gothenburg - Rosa Pirchio, Naples
- *Discussion:* Renata Simona Auriemma, Naples - Oskar Ragnarsson, Gothenburg

12.00-12.40 **Guided tour of Villa San Michele with
Kristian Kappelin, Director of Villa San Michele**

12.45-13.30 **Lunch**

13:30-13:50 **LECTURE:** Epidemiological Research in Rare Diseases:
The Strengths of Swedish National Healthcare
Registries - Annika Rosengren, Gothenburg

13.50-14.50 **Round Table - GH DEFICIENCY**

Chairs: Britt Edén Engström - Federico Gatto

- Nutritional strategies and lifestyle interventions - Giovanna Muscogiuri, Naples - Ola Wallengren, Gothenburg
- Impact of GLP-1 receptor agonists on weight and cardiovascular risk in hypothalamic obesity - Daniela Esposito, Gothenburg
Giovanna Muscogiuri, Naples
- Transition care and monitoring of metabolic complications in GH deficiency - Jovanna Dahlgren, Gothenburg - Maria Carolina Salerno, Naples
- *Discussion:* Donatella Capalbo - Claudia Pivonello, Naples

14.50-15.50 **Round Table - QUALITY OF LIFE**

Chairs: Daniela Pasquali - Rosario Pivonello

- Quality of Life (QoL) in patients with GH disorders - Renata Simona Auriemma, Naples